



# CACHE Level 4 Diploma in Adult Care

(England) (QCF)

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Qualification facts

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# About this qualification

This qualification acts as a progression route from the CACHE Level 3 Diploma in Health and Social Care (England) (QCF) qualification to the CACHE Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England) (QCF) (90 credits) qualification. It will support you in the development of a number of job roles in the adult social care sector.

## Entry requirements

You should be at least 18 years old. CACHE does not set any other entry requirements but colleges or training providers may have their own guidelines.

## Experience in the workplace

You will need to be working, volunteering or on practical placement as you need to show competence in both knowledge and skills.

## Qualification structure

You must gain a minimum of 70 credits to achieve this qualification.

36 credits must be achieved from the Mandatory Group, a minimum of 6 credits from Optional Group A and a minimum of 28 credits from Optional Group B.

At least 55 credits must be achieved at Level 4 or above.

## Mandatory Units

Unit ref no.	Title	Unit type	Level	Credit
L/506/6053	Advanced Communication skills	Knowledge / Skills	4	4
J/506/7623	Personal development in health, social care or children's and young people's settings	Knowledge / Skills	4	4
J/506/7119	Equality and diversity in health, social care or children's and young people's settings	Knowledge / Skills	4	3
F/506/7622	Understand safeguarding and protection in health and social care settings	Knowledge	3	2
A/506/7120	Facilitate person centred assessment to support wellbeing of individuals	Knowledge / Skills	4	2
F/506/7121	Facilitate support planning to promote positive outcomes for individuals and to support well being	Knowledge / Skills	4	2
K/602/6248	Understand personalisation in care and support services	Knowledge	5	4
M/506/6353	Health and safety in health and social care settings	Knowledge / Skills	4	3
A/506/7621	Professional practice in health and social care for adults or children and young people	Knowledge / Skills	4	3
A/504/2198	Develop, maintain and use records and reports	Knowledge / Skills	4	3
A/602/3189	Work in partnership in health and social care or children and young people's settings	Knowledge / Skills	4	4
A/506/8736	Safeguard children and young people who are present in the adult social care sector	Knowledge / Skills	4	2

## Optional Units Group A - Context/Specialist Knowledge:

Unit ref no.	Title	Unit type	Level	Credit
Y/506/7089	Understand the process and experience of dementia	Knowledge	3	3
K/601/9199	Understand the administration of medication to individuals with dementia using a person centred approach	Knowledge	3	2
L/506/7090	Understand the role of communication and interactions with individuals who have dementia	Knowledge	3	3
D/503/1839	Diabetes Awareness	Knowledge	3	6
Y/601/8579	Understand theories of relationships and social networks	Knowledge	4	3
D/504/2243	Understand the factors affecting older people	Knowledge	3	2
R/506/6054	Understanding Parkinson's for health and social care staff	Knowledge	3	2
M/506/6367	Understanding public funding of individual care needs in Adult Social Care	Knowledge	4	4
J/601/6293	Understand positive risk taking for individuals with disabilities	Knowledge	3	3

Unit ref no.	Title	Unit type	Level	Credit
T/601/5317	Understand how to support individuals with autistic spectrum conditions	Knowledge	3	3
M/601/7048	Principles of self-directed support	Knowledge	3	3
D/602/3170	Understand how to manage a team	Knowledge	4	3
H/602/3185	Understanding professional supervision practice	Knowledge	4	3
F/504/2218	Understand professional management and leadership in health and social care or children and young people's settings	Knowledge	5	6
L/504/8409	Awareness of the Mental Capacity Act	Knowledge	3	3
Y/601/6167	Understand the impact of acquired brain injury on individuals	Knowledge	3	3
J/503/7165	Understand Stroke Care Management	Knowledge	3	4
M/601/3467	Understand Sensory Loss	Knowledge	3	3

### Optional Units Group B - Competence

Unit ref no.	Title	Unit type	Level	Credit
R/502/3298	Providing Independent Advocacy to Adults	Skills	4	5
J/602/3499	Undertake a research project within services for health and social care or children and young people	Knowledge / Skills	5	10
A/602/6237	Share knowledge and good practice	Skills	5	3
M/503/8133	Support the spiritual wellbeing of individuals	Knowledge / Skills	3	3
L/601/8028	Provide support to maintain and develop skills for everyday life	Knowledge / Skills	3	4
M/601/9494	Support the development of community partnerships	Knowledge / Skills	4	5
F/601/7927	Support individuals to access and use services and facilities	Knowledge / Skills	3	4
H/601/7905	Support individuals to access and manage direct payments	Knowledge / Skills	4	6
K/601/7906	Support individuals to access housing and accommodation services	Knowledge / Skills	3	4
A/601/9174	Identify the physical health needs of individuals with mental health needs and plan appropriate actions	Knowledge / Skills	4	5
F/601/9029	Work with families, carers and individuals during times of crisis	Knowledge / Skills	4	5
T/601/9738	Implement the positive behavioural support model	Knowledge / Skills	4	8
T/504/2216	Assess the needs of carers and families	Knowledge / Skills	3	4

Unit ref no.	Title	Unit type	Level	Credit
T/506/6368	Provide information, advice and guidance	Knowledge / Skills	4	4
T/506/6354	Develop and implement reablement plans	Knowledge / Skills	4	4
J/506/6052	Mentoring in social care	Knowledge / Skills	4	2
H/506/8164	Installation, maintenance and removal of assistive technology in social care	Knowledge / Skills	3	2
L/506/8160	Assessment, implementation and review of assistive technology in social care	Knowledge / Skills	4	4
D/506/8163	Promote rights and values in assistive technology in social care	Knowledge / Skills	3	2
R/506/8161	Promote assistive technology in social care	Knowledge / Skills	4	4
R/504/2207	Supporting infection prevention and control in social care	Knowledge / Skills	3	2
M/504/2196	Support individuals with autistic spectrum conditions	Knowledge / Skills	3	4
J/601/5645	Promote access to healthcare for individuals with learning disabilities	Knowledge / Skills	5	6
A/601/5318	Promote good practice in the support of individuals with autistic spectrum conditions	Knowledge / Skills	5	7
A/504/2217	Lead practice in assessing and planning for the needs of families and carers	Skills	5	3
J/504/2219	Appraise staff performance	Knowledge / Skills	5	5
R/504/2224	Support people who are providing homes for individuals	Skills	4	6
Y/602/2339	Facilitate the development of effective group practice in health and social care or children and young people's settings	Knowledge / Skills	5	6
R/506/7091	Facilitate change in health and social care or children and young people's settings	Skills	5	5
D/506/7093	Manage finance within own area of responsibility in health and social care or children and young people's settings	Knowledge / Skills	4	4
H/506/7094	Manage quality in health and social care or children and young people's settings	Knowledge / Skills	5	5
M/601/5249	Promote awareness of sensory loss	Knowledge / Skills	5	3
H/601/5250	Support the use of assistive technology	Knowledge / Skills	5	4
M/601/5252	Support individuals with sensory loss with communication	Knowledge / Skills	5	5
T/601/5253	Support individuals with multiple conditions and/or disabilities	Knowledge / Skills	5	5
J/601/3541	Support individuals in the use of assistive technology	Knowledge / Skills	4	4
H/601/3546	Support individuals to access education, training or employment	Knowledge / Skills	4	4

## Assessment

All units will be internally assessed using a range of methods. This could include a portfolio of evidence, practical demonstration or assignment, and coursework.

## Progression

On successful completion of this qualification you could progress to the CACHE Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England) (QCF) (90 credits) qualification.

The qualification will also support you in the development of a number of job roles in the adult social care sector, such as:

- Community Care / Support Officer
- Social Care Assessor
- Care Assessment Officer
- Social Services Officer
- Social Care Assistant
- Social Work Assistant
- Brokerage Worker
- Rehabilitation and Reablement Assistant
- Independence Support Assistant
- Reablement Support Worker/ Officer
- Telecare Assistant
- Assistive Technology Co-ordinator / Officer.

## For more information

Full details of this qualification can be found on our website [www.cache.org.uk](http://www.cache.org.uk) or our secure Centre website [cachezone](http://cachezone).

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NURTURING ACHIEVEMENT SINCE 1945. When the Second World War ended in 1945, many women who had worked during the war stayed on in their jobs. The Government recognised that professional childcare was a priority, and the National Nursery Examination Board (NNEB) was founded. In 1994 the NNEB merged with the Council for Early Years Awards and CACHE was formed. Over these 65 years we have continually invested in high quality qualifications. Written and developed by experts; they have proved to be successful for millions of learners, earning us a reputation for excellence and leadership across the sector. Today our continued dedication to nurture the achievement of all those who care for children, young people and adults means our qualifications will always meet the needs of a modern workforce.

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Patron  
Her Majesty The Queen

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